

PRAGUE Countries in Transition 2018 - Child Mental Health (with any disability or mental illness)

The aim of the forum is to 1) to share an Overview of the UN Mental Health Framework 2) to consider the implications of the framework and World Health Organization(WHO) Mental Health Action plan 2013-2020 in the sharing of best practice and programs and progress in the treatment of mental health difficulties in countries in transition.

Concept note:

Worldwide 10-20% of children and adolescents experience mental disorders. Neuropsychiatric conditions are the leading cause of disability in young people in all regions. If untreated, these conditions severely influence children's development, their educational attainments and their potential to live fulfilling and productive lives. The most effective way of dealing with the mental health sequelae of child abuse and neglect addressing from a biopsychosocial perspective within a rights based perspective. The challenge faced by CIT countries is the lack of services and resources to train professionals. However, this does not mean that effective interventions cannot be developed. CIT panel on Child mental health from the perspective of UN convention on Rights of people with disabilities (including children).

https://en.wikipedia.org/wiki/Convention_on_the_Rights_of_Persons_with_Disabilities

The main idea of the convention is to shift from viewing persons with disabilities as objects of charity, medical treatment and social protection towards viewing them as full and equal members of society, with human rights. The Congress should be in line with this newest UN document and approach.

Website link http://www.who.int/mental_health/en/

WHO also has prepared mhGAP program (Mental Health Gap Action Plan) (2016) for no specialised health setting, very relevant for developing countries. They have given general principles, do and donts, algothrim, For our perspectives, we shall be interested only in the Child& Adolescent Mental & behavioural Disorders. The WHO has give the common presentations child age wise into 3 main types:

FINAL PROGRAMME

Countries in transition 2018 – Child mental health, Prague, 1st September 2018			
9:00	Welcome and intro of attendees	Speakers	Jana and Vicky
9:20 – 10:00	Child Mental Health in UN perspective with special focus on UN Committee for the Rights of the Child, discussion	Dr. Renate Winter	President of the UN Committee of the Rights of the Child Overview of this new UN approach to understand this shift in thinking.
10:00 – 10:45	Rights of mentally disabled children and how to protect	Dr. Steven Allen	Director of www.validity.com

	them, discussion (models from other countries)		Psychiatrists/medical doctors cooperate with local human rights organisation because together they can change a lot of things and improve the situation of children. His organisation - Validity (former Mental Disability Advocacy Center) has a lot of success stories
10:45-11 Coffee Break			
11:00 – 11:45	Social Work approach to working with men and boys	Joan van Niekerk	Discussion about working with men and boys in South Africa by ISPCAN councilor and past president
11:45-12:00	Medical Treatments & Discussions	Maha al Muneef	Pediatrician based in Saudi Arabia who also runs national safety program
12-12:45	Open discussion on mental and medical health issues with attendees participating	Vicky and Jana facilitate	
12:45-1:30 LUNCH			
1:30-2:30	Community Health Interventions/Laboratorio	Vicky Lidchi (psychologist and family therapist)/Victoria Blincow (child psychotherapist)	Lead Interactive Workshop- The Tavistock and Portman NHS Trust community interventions their applications to a global context
2:30-3:30	Sharing of other country experiences and question time	Vicky and Jana facilitate	
3:30	Closing and Thank you to all		