



Master Class

International ISPCAN Congress

INSPIRE - concrete applications – Concept Paper

Prague – 2018, September 2

ISPCAN's Master Class will focus on the World Health Organization's INSPIRE, 7 Strategies to end violence against children.

As Dr Etienne Krug, Director of the WHO Department for the Management of Noncommunicable Diseases, Disability, Violence and Injury Prevention, said: "We must not tolerate that half of the world's children suffer violence each year. The sad fact is that we know what needs to be done, yet we do not do it. Violence is not inevitable. Its causes are understood and it can be prevented; only the will is needed."

The desire of ISPCAN is to actively contribute to help develop and improve the 7 strategies of INSPIRE, in a very collaborative way with WHO.

Thanks to the collaboration with WHO, the Master Class will give the opportunity to understand the "*Global plan of action to strengthen the role of the health system to address violence and in its 13th General Programme of Work 2019-2023*".

Moreover, for each of the 7 Inspire strategies an expert with strong evidence-based experience has been selected to facilitate that specific session and help participants reflect on the opportunities and challenges when implementing the INSPIRE strategies in their own context:

- Implementing and enforcing laws (e.g. banning violent discipline and restricting access to alcohol and firearms)
- Norms and values change (e.g. altering norms that condone the sexual abuse of girls, or aggressive behaviour among boys)
- Safe environments (e.g. identifying neighbourhood "hot spots" for violence and then addressing the local causes through problem- oriented policing and other interventions)
- Parent and caregiver support (e.g. through the provision of parent training to young, first time parents)
- Income and economic strengthening (e.g. providing cash transfers to families on the condition that their children attend school)
- Response services provision (e.g. ensuring that children who are exposed to violence receive effective emergency care and appropriate psychosocial support)
- Education and life skills (e.g. providing children with life and social skills training, including the skills to manage emotions, maintain self- control, empathize with others and express themselves assertively)

Master Class participants will be provided with a case study and asked to develop an intervention for that strategy and context using the INSPIRE handbook (incl. plan, considerations, costs) and indicators and present it back to the larger group.